**Instructions**

You should use the charts on the following pages to document your anticipated sources of financial support, and your best estimates for the cost of living where your chosen internship is located. If you are chosen as an internship fellow for the summer of 2020, you will be awarded a $5,000.00 stipend to cover your living expenses for the summer. Accordingly, as you develop your budget, your anticipated expenses should add up to, ***at minimum***, $5,000.00. Please do you best to develop realistic estimates for the cost of living in the locales of each placement.

If you are intending to earn academic credit for this internship, you are eligible to apply for an *additional* $1,860.00 to pay for the summer course credits for the human rights capstone course. If you intend to request these additional funds, you should indicate as such in the application form, and in the chart below.

Internship Agency:

Internship Location (City, State, Country):

**Anticipated Contributions**

Please complete this sheet to account for all your anticipated sources of financial support during the internship. The HRI Stipend, which comes with the internship, has already been included in the form.

|  |  |
| --- | --- |
|  | **Expected Contributions** |
| **HRI Stipend** | **Amount Requested:****$5,000** |
| **HRTS 4291 Tuition and Course Fees (if applicable)**Are you requesting funds to cover the course tuition and fees? If so, you should indicate that you are requesting an additional $1,860 in the right column. | **Amount Requested:****$** |
| **Amount Requested from Other Sources*** Financial Aid
* Awards from External Organizations – if applicable provide documentation for the source and amount of award(s) in your application.
 | **Source/Amount Awarded:** |
| **Family/Self** | **Amount Provided:****$** |
| **Total Expected Contributions** (Sum of all Expected Contributions) | **$** |

**Anticipated Expenses**

Please complete this sheet to assess your estimated living expenses for your chosen internship location. You should include estimates and supporting documentation for each expense.

|  |  |
| --- | --- |
|  | **Expected Expenses** |
| **Travel**Itemize your estimated transportation and commuting expenses (provide documentation for quotes and cost estimates)Relocation* Air Transportation (i.e. CT to NY)
* Mileage (if using own car)

Daily Commute* Mileage (if using own car)
* Ground Transportation (shuttle, bus fare, metro/subway fare, etc.)
 | **Relocation****$****Commute****$** |
| **Living Expenses**Itemize and provide documentation (when applicable) for the cost of your expected living expenses while at your internship site. Please indicate if housing is provided by your internship agency.Housing* Rent ($ per month x number of months)
* Utilities ($ per month x number of months)

Food* $ per day x number of days
* For US internships, use the moderate cost plan [HERE](https://fns-prod.azureedge.net/sites/default/files/media/file/CostofFoodSep2019.pdf).
 | **Living Expenses**Rent: $Utilities: $Food: $ |
| **Registration/Tuition: $1,860.00**Summer 2020 Tuition for 3 Credit Course: $1725.00* $575 per credit

Summer 2020 Course Fees: $135.00* Enrollment Fee: $45
* Technology Fee: $30
* Online Course Fee: $60 ($20 per credit)
 | **Tuition Expenses (Circle One)**Enrolling in HRTS 4291: $1,860.00Not Enrolling in HRTS 4291: $0 |
| **For International Travel (Undergraduate):** * Ed Abroad Approval ID Registration
* Health Insurance
 | **$** |
| **Other (please describe)** | **$** |
| **Total Expenses** (Sum of all Expected Expenses) | **$** |